

or centuries geta have been the ideal footwear for kimono, and even now light wooden clogs are the fashionable choice for women wearing traditional Japanese dress.

Men out for a summer evening stroll also relish the refreshingly cool feel of geta on their feet. Although the idea of wooden footwear may not be that unusual, geta have a very distinctive design. Made from well-cured paulownia or willow by skilled craftsmen, geta come in many different styles. In addition to the koma-geta, ashida and hiyori-geta, there are even some made especially for walking in the snow, called yuki-geta, in the snow-country regions.

Once the platform of the geta is made, a simple thong is attached to make the geta ready to wear. Here too, there is great variety for both men and women, including cloth, leather, and even snakeskin in beautiful straps designed to complement the carefully crafted wooden platform.

In addition to being just right for each occasion and each kimono, in the days when geta were the main form of footwear, they also had to be right for the weather. On rainy days, you wore the ashida, on clear days the koma-geta, and on spring days in the country the hiyorigeta. Because of the many specialized geta available, most families kept several different kinds in the geta-bako, or shoe cupboard, just inside the entrance to the house.

For people worried about athlete's foot, the excellent ventilation provided by wearing geta without socks makes them the ideal healthy footwear. So when it's time for your summer vacation, why not give geta a try.



Hiroshi Oba is one of Japan's leading illustrators. Among his many books are Oranda kara no Iro-enpitsu (Colored-pencil sketches from the Netherlands) and Tsubasa no Gashu (An airplane collection).